

Caving Adventure

City of Albuquerque Parks and Recreation Department Outdoor Recreation



To the Caving Adventurer,

You are about to experience a fun, really cool, and dimly lit **HIGH ADVENTURE** sport that you can enjoy your whole life. This adventure costs **\$10.00** (paid in advance). Please return your registration packet along with a check or money order (made out to City of Albuquerque) to:

Albuquerque Parks and Recreation Outdoor Recreation 1801 Fourth Street NW, Bldg. A Albuquerque, New Mexico 87102 (505) 857-8100

The caving adventure is limited to **twelve** participants, ages 11-17. Class spots are filled on a first-come, first-served basis. The first 12 guests who return the completed packet and payment will be registered in the class. Get your packets and payment in as soon as possible. In this packet you will find several registration forms:

- City of Albuquerque Caving Registration Form
- Health History Form
- Request for Medication Form
- Release of Liability Form
- o Authorized "Sign-out" Form
- o Photo Release Form

All of the forms must be filled out completely and signed by your parent / guardian. Caving is a **HIGH ADVENTURE** sport with some risk. Cave trips depart from and return to the Parks and Recreation Administration building (see directions and map included). Each caver will be provided with a helmet, headlamp, one flashlight, kneepads, and gloves. Cavers are expected to bring the following items:

- Drinking water (bring plenty to last the day)
- Lunch and snacks
- Day or Book Pack
- Flashlight with extra batteries
- Appropriate clothing (dress for the weather)
- Long pants and a light jacket or sweatshirt for inside the cave
- Sturdy shoes or hiking boots

Expect to have FUN! If caving weren't fun, it would be called "homework". Remember, without recreation, weekends would just be weekdays!

Shauna Kapel, Senior Adventure Leader Albuquerque Parks and Recreation, Outdoor Recreation Section